

TELL US WHAT YOU THINK

TAKE PART IN THE SECONDARY SCHOOL
CHILDREN'S WELLBEING SURVEY



WHAT IS IT?

Realigning Children's Services is an important programme about the lives of children in Scotland.

We want to hear from all children in S1 to S4 at your school. We are asking children in areas across Scotland to take part. We want to hear what children feel about their lives to provide your local authority with an accurate picture of children's wellbeing and needs in their local area.

We would like you to take part in an online questionnaire during class time. Your teacher will choose the day and time of when this happens.

WE WILL ASK YOU ABOUT:

Your friendships and family relationships

Your health and feelings

What you think about your local area

TV, social media and internet use

Smoking, drinking and other risky behaviours

Activities you do in your free time

How you find school

WHAT WILL HAPPEN?

Your teacher will give you instructions and ask you to complete the online survey on your own, during class time. For each question you will be asked to choose the answer that best fits how you feel. This will take about 30 minutes.

This is your chance to tell us what you think.

If there are any questions you do not want to answer you can skip them or you can stop the survey any time.

WHAT HAPPENS TO YOUR ANSWERS?

We will collect answers from around 18,000 children across Scotland. Your answers will be anonymous which means we will not know the names of the children that have taken part- we'll only see the answers along with their year group and school.

This means that no one will know who said what. We will not tell anybody your answers- not your teacher or your family. Of course, it's up to you if you want to talk to other people about your answers.

We will then look at everybody's answers together. This is so we can understand what children of your age think and feel. We are interested in making sure that if we provide support to children, it is helpful to them. To allow us to do this we will also be looking at other information we have about any services or support you may already have in place. Again no-one will be able to identify you using this information it will just be used to help us plan our services better.

IS THIS A TEST?

Don't worry, this is not a test.

You do not need to prepare. There are no right or wrong answers. We just want to hear what you think.

WHO IS ASKING THE QUESTIONS?

We are ScotGen Social Research. We work with children and families to find out more about young people in Scotland.

We work with the Scottish Government and your local area to use this information to help make life better for you, your family and other children living in Scotland.

TAKING PART

It would be great to hear your views but you don't have to take part. If you don't want to, just tell your parents or your teacher. Also if there are any questions you don't want to answer, that's fine, you will be able to skip questions and we won't ask you why. During and at the end of the survey you will be asked if you are happy for your answers given to be sent to the researchers, which means to be used anonymously as part of this survey and written up as a report.

WHAT TO DO IF YOU WANT TO TALK ABOUT ANYTHING

We hope that you enjoy taking part in the survey, but if you have any worries or feel upset after answering any of the questions then please ask for help. It's best not to keep these thoughts to yourself. Try talking to a parent, a teacher or another trusted adult about this.

If this is not possible or you would like to get advice from someone else you can call ChildLine on **0800 1111**. This number is free and you can phone at any time where you can talk to someone about anything that is bothering or upsetting you.

Or you can visit their website **www.childline.org.uk** where there is advice especially for children and young people on a whole range of issues.

QUESTIONS?

If you have any questions please talk to your family and teachers at school. You can also have a look at the survey website for more information: **www.transformingchildrensfutures.scot**